



January 18th | 6:00 PM - 7:30 PM | via Zoom

ReDiscover U Presents Remending Minds

ReMending Minds is a quarterly ReDiscover U program in which class topics focus on maintaining emotional health, adjustment, and coping with stressors after brain injury. Presentations will include videos, discussions, and strategies to enhance skills for use in daily life. All classes are facilitated by health professionals. Brain injury survivors, family members, and caregivers are welcome to attend. CEUs will NOT be offered for this presentation. ReDiscover U and the ReMending Minds Series is supported by the Council on Brain Injury (CoBI).

Sessions are FREE
For more info or to RSVP, Contact
Marlene Rivera: mriviera@councilonbraininjury.org
or 267-317-0873.



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